



HealthMatters

Improving Culture, Changing Lives

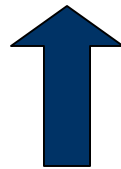
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The Process

A Systematic Process for Integrating Wellness into the Workplace

Constructing a health management strategy begins with a plan – a critical component to long-term success. An LMC Health Management Representative will help you develop a plan by following this four phase approach to create what we call ‘purpose-driven wellness.’

Health Management GOAL ATTAINMENT



Phase 4

Evaluation / Continuous Improvement

- Gather Measures
- Communicate Results
- Evaluate Successes and Opportunities
- Set Goals for Next Year



Phase 1

Assessment & Recommendations

Getting to know you

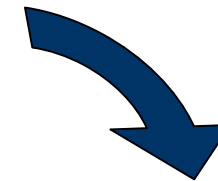
- Readiness
- Management Support
- Employee Interests
- Data Collection



Phase 3

Implementation & Programming

- Annual Operating Plan
- Link to Employee Benefits, Risk Management, Company Goals
- Employee Communications



Phase 2

Program / Benefit Design

Building a Benefit that matches your needs

- Wellness Team Development
- Goals, Objectives, Branding
- Market Research
- Develop Implementation Plan

